



Manchester Health & Care
Commissioning

A partnership between
Manchester City Council
and NHS Manchester CCG



MANCHESTER
CITY COUNCIL



Manchester
Clinical Commissioning Group

Manchester's Transformation Plan for Children and Young Peoples Mental Health and Wellbeing

Craig Harris

Executive Director of Nursing, Safeguarding & Commissioning (MHCC)

Paul Marshall

Strategic Director Children and Education Services (MCC)

Helen Scott

Senior Commissioning Manager (MHCC)

Maria Slater

General Manager CAMHS MFT (MFT)





Future in mind

Promoting, protecting and improving our children and young people's mental health and wellbeing



The National Context

- Fragmented and requirements to change
- Future in Mind**
- Prevention, Resilience, Early Intervention
- Access for our most vulnerable children- a system without tiers
- Workforce
- Data

Five Year Forward View for Mental Health

- Access
- 7 day flexible community offer

Manchester's Transformation Plan

Right support, right time, all of the time

www.mhcc.nhs.uk/publications/

- Where we are now
- Ambition to 2020/21



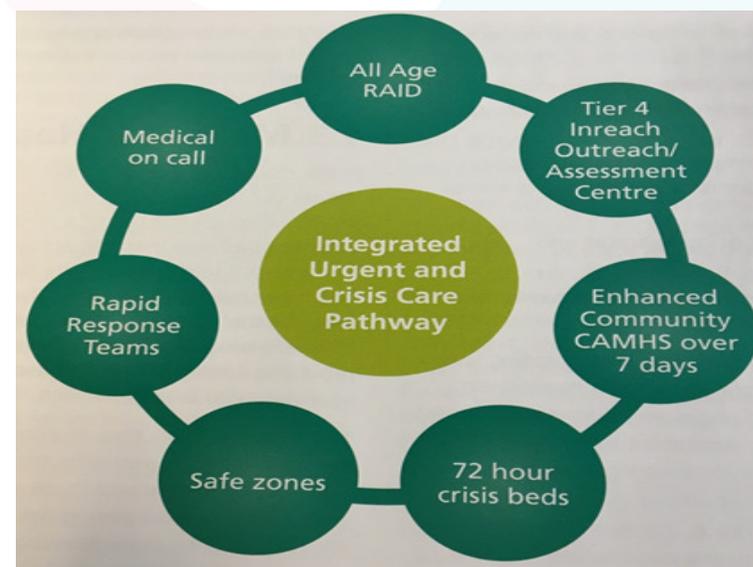


Devolution – CAMHS Revolution

- Aspirational – once in a generation opportunity
- Work at scale – across geographical and organisational boundaries

Greater Manchester accelerator schemes

- Standard GM CAMHS offer – 7 days a week
- Manchester beds for Manchester Children
- GM Integrated Crisis care pathway
- Workforce



Children and young people mental health

Greater Manchester CAMHS Transformation priorities

GM CAMHS Transformation Priorities				
ADHD	CYPIAPT/Core CAMHS Service	Eating Disorders	ITHRIVE/Workforce Development	24/7 CYP MH Service
Transitions into adult services	Perinatal/Parent infant MH	Autistic Spectrum	Learning Disability	All age education



Engagement

- Children and young people
- Families and carers
- General Practitioners
- Police
- Schools and colleges
- Early help
- Voluntary and community sector



Where are we now, regarding CYP Mental health in Manchester?

Greater Manchester Locality	Locality Population Aged 5-17 yrs.*	Prevalence % **	Estimated Prevalence of Mental Health Disorder
Bolton	47,297	9.8	4,635
Bury	30,549	9	2,749
Manchester	80,618	10.5	8,465
Oldham	41,833	10.1	4,225
Rochdale	36,288	10.1	3,665
Salford	37,267	10	3,727
Stockport	44,310	8.7	3,855
Tameside & Glossop	39,496	9.9	3,910
Trafford	39,957	8.4	3,356
Wigan	49,068	9.8	4,809
Greater Manchester	446,683		43,396
Greater Manchester (Aggregated)	9.7		43,328

Current Access rates to CYP Mental Health Services

Summary of Access Rate to CYP Mental Health Services

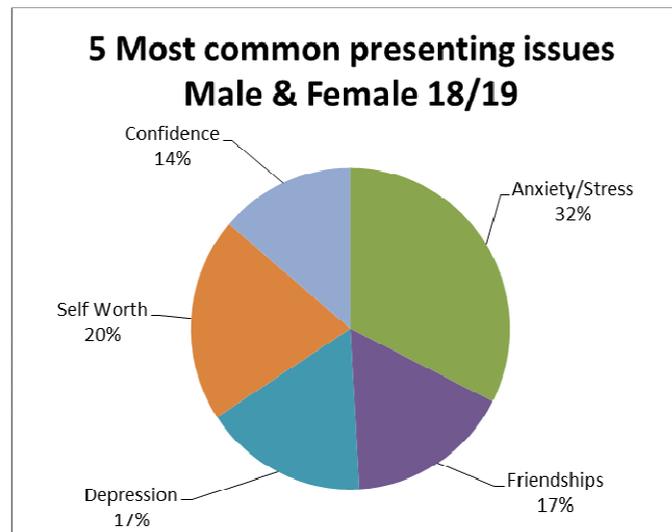
Latest Data	Jul-18	Period	Year to date (2018-19)			
<p>*Please note this report has been updated with new CCG plan data for 2018/19</p>			<p>2 - Percentage of CYP with a diagnosable MH condition receiving two or more contacts in the reporting period.</p>			
Parent	Level		Actual number of CYP receiving treatment (YTD)	Total number of CYP with a diagnosable mental health condition	Percentage access rate (forecast) highlighted if < 32%	Variation from standard
England		ENGLAND	141,919	1,046,246	27.1%	
Greater Manchester	STP	Greater Manchester	10,005	59,099	33.9%	
Greater Manchester	CCG	NHS Bolton CCG	1,100	6,484	33.9%	
Greater Manchester	CCG	NHS Bury CCG	580	3,877	29.9%	
Greater Manchester	CCG	NHS Oldham CCG	650	3,965	32.8%	
Greater Manchester	CCG	NHS Heywood, Middleton and Rochdale CCG	1,070	5,086	42.1%	
Greater Manchester	CCG	NHS Salford CCG	1,160	5,445	42.6%	
Greater Manchester	CCG	NHS Stockport CCG	840	5,400	31.1%	
Greater Manchester	CCG	NHS Tameside and Glossop CCG	530	5,485	19.3%	
Greater Manchester	CCG	NHS Trafford CCG	660	4,593	28.8%	
Greater Manchester	CCG	NHS Wigan Borough CCG	605	6,400	18.9%	
Greater Manchester	CCG	NHS Manchester CCG	2,815	12,364	45.6%	

Current waiting times in Manchester

Average number of weeks

All Manchester Services	Apr	May	Jun	Jul	Aug	Sep	Q1	Q2
Waiting Times / RTT (Referral to Treatment)								
Average time Ref. to 1st contact / Appt (12 wks target)	5.9	5.2	5.0	4.1	4.4	4.8	5.3	4.5
Average time Ref to 2nd contact / Appt (18 wks target)	11.5	10.8	12.2	9.0	8.6	8.5	11.5	8.7

Presenting Issues and Outcomes



Top 10 primary diagnosis

ADHD/Hyperkinetic Disorder	1339
Autism Spectrum Disorder	1118
Not recorded	820
Assessment for social communication/Autistic Spectrum	599
No clinical diagnosis	509
Clinical Protocol/Care Pathway	498*
Depression	457
Tantrums/non-compliance	427
Neuropsychological Issues (developmental delay, Acquired Brain Injuries)	415
Attachment problems	376



Manchester Health & Care Commissioning

A partnership between Manchester City Council and NHS Manchester CCG



MANCHESTER CITY COUNCIL



Manchester
Clinical Commissioning Group

The Current offer in Manchester	
Scheme	Progress
Access	<ul style="list-style-type: none"> ●2,815 CYP accessed treatment 18/19 ytd● 45.6% of prevalence (12,364) against national target 32%●Benchmark: national 27.1%, GM 33.9% ● 6wks wait (8wk national) ● 51% report reliable recovery ●Self referral pathway launched
Eating Disorder Service	<p>Children and Young Peoples Community Eating Disorder Service Commissioned from 1 April 17 To meet new access and waiting standard .</p> <p>81 young people received treatment 17/18 (caseload of 80 against the national caseload requirement of 50). 100% compliance with the national access standard. 80% of closed cases report problems partly or fully resolved</p>
Early Help through digital platforms	<p>Kooth.com launched May 2016. 24/7 early help offer using digital technologies- online counselling, messaging services, chat room facilities, forums and information resources. Integration workers have been employed to embed the offer across the city 6740 YP registered. 1632 YP have accessed counselling. 12,481 messages exchanged. 97% satisfaction. 37% users from BME communities. 70% access out of hours.</p>
Integrated Community Response	<p>Coproduced and co commissioned alliance model across 2 geographical footprints (Manchester and Salford). Lead provider 42nd Street, alliance includes Manchester Mind and Self Help Services</p> <p>Pilot provides pre Crisis multi -agency risk management, consultation and liaison support to Children and young People experiencing escalation of psycho social needs in targeted community settings- Early Help Hubs, Adolescent Edge of Care Unit and Manchester Pupil Referral Unit, brief interventions, On line CBT and information and advice. Aim: add capacity and confidence to universal services to support more Children in the community. Commissioned Independent evaluation Anna Freud against ITHRIVE articulation</p>



The current offer in Manchester	
Scheme	Progress
Perinatal Mental Health	By 2020/21, the NHS will support at least 30,000 more women each year to access evidence-based specialist mental health care during the perinatal period. Additional resource to; <ul style="list-style-type: none"> Expand the psychological therapy service and the Children and Parents service to develop collaborative working with the perinatal psychological therapy service and to focus on the relationship between mother and child. Establish perinatal community mental health teams delivered by Greater Manchester Mental Health NHS Foundation Trust. Managed in a three stage approach. Central and South operational since January 2018, North Manchester operational October 18
Support for our most vulnerable young people	Partnership with the city council to achieve positive outcomes for Manchester's most vulnerable young people needing more complex packages of care ; Integrated referral pathways, assessment protocols and procedures are in development along with a standardised review mechanism . Market management and development project being scoped to develop our offer for children who can't return home.
Emotional Health and Wellbeing Offer in Schools	Offer to all Manchester High Schools . Delivered by CAMHS and Healthy Schools Includes ; <ul style="list-style-type: none"> CAMHS training, named CAMHS lead at each school , termly consultation and liaison Mental Health School Links Programme – empowering staff to identify and respond Healthy Schools – I Matter safeguarding resource for Teachers and School Nurses based on PHSE Focus on –self esteem, assertiveness and emotional health and wellbeing, Equip children with resilience to deal with challenges of growing up in 21st Century
Peer Support and Resilience Project	18 month Peer support, Resilience and Anti Stigma. Positive signs of recovery commission approved and mobilising from Sept 2017 includes roll out of peer mentoring and accredited Mental Health Youth Champions programme.
Transition	National quality and innovation scheme in progress to improve experience of transition from CAMHS to AMHS. GM testing 18- 25 year Eating Disorder and ADHD



Manchester University
NHS Foundation Trust

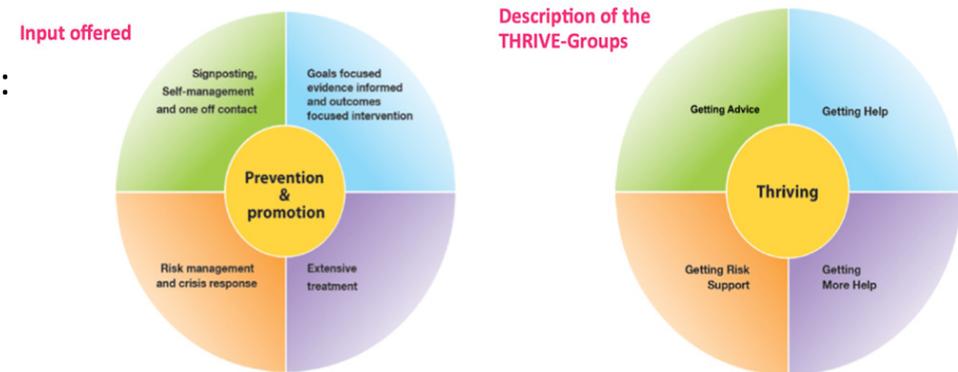
Manchester CYP Health and Wellbeing Redesign Programme

“Manchester **THRIVE** Programme”

THRIVE Model

There are 5 main elements of the THRIVE model:

- o Thriving
- o Getting Advice
- o Getting Help
- o Getting More Help
- o Getting Risk Support



The aim is for services across Manchester to develop their offer and pathways in line with this model and work collaboratively across agencies to provide the care needed within each of these clusters, as per CYP and their families' needs.

The Manchester THRIVE Programme will aim to redesign how services are aligned to one another and shift the focus to ensuring CYP remain in the 'THRIVING' section of the framework. Where the need for services arises, CYP and their families are aware of what is available, how to access and can link in through schools, GPs etc. to get the right support.

Partnership working across agencies will be crucial to the success of the implementation of the Manchester THRIVE model.

8 Key Work streams

<p>CYPMHWB1 iThrive Manchester</p>	<p>Coproduction of iThrive Manchester, including proposals for new ways of working. (Based on the recommendations of “ Manchester: Enabling Children and Young People to Access Emotional Health and Wellbeing Provision” an iThrive Transformation Report, CPI, 2017) See Case study - http://www.implementingthrive.org</p>
<p>CYPMHWB2 Workforce</p>	<p>Production of local workforce plan to support delivery of the GM workforce strategy, including achievement of the following targets.</p> <ul style="list-style-type: none"> ▪ Workforce expansion ▪ CYP IAPTs
<p>CYPMHWB3 Unmet need of Vulnerable Groups</p>	<p>Plan to respond to unmet need of highly vulnerable populations, who find it difficult to access and engage with CAMHS , including proposals to pilot redesigned pathways to support children and young people with; Autistic Spectrum Disorder and ADHD , Learning Difficulties and learning delay, looked after children , children exposed to adverse childhood experience and those placed out of area.</p>
<p>CYPMHWB4 Autism Assessment Pathway Pilot</p>	<p>The delivery of the new coproduced Autism Assessment pilot in South Manchester and full economic assessment of the resource that will be released from the recurrent budget as a result of new pathway efficiencies to enable redistribution of resources if needed and inform commissioning decisions around a potential risk out citywide.</p>

CYPMHWB5 Transformation Pilot Reviews	Review of Transformation plan pilots, including fit to the iThrive model, to inform MHCC commissioning decisions including: <ul style="list-style-type: none"> ▪ KOOOTH.com ▪ Children and Young Peoples Eating Disorder Service ▪ ICR ▪ Integrated School Health ▪ Peer Support Resilience and Anti Stigma
CYPMHWB6 7 day accessible community offer	Delivery of the new GM CAMHS Specification including: <ul style="list-style-type: none"> ▪ An extended 7 day offer and GM KPI's and Outcomes ▪ Increased access to treatment ▪ Waiting time reduction
CYPMHWB7 Review of CYP with complex Needs	Increase in CAMHS capacity to support commissioner led review of how best to meet the needs of CYP with complex needs and pathway redesign including, input into redesigned complex needs systems and processes with a view to implementing on a business as usual basis.
CYPMHWB8 Green Paper	A response to local delivery of Green Paper “Transforming children and young people’s mental health provision” recommendations for local delivery to inform commissioning intentions.



Manchester Health & Care
Commissioning

A partnership between
Manchester City Council
and NHS Manchester CCG



MANCHESTER
CITY COUNCIL

NHS

Manchester

Clinical Commissioning Group

Where we want to be by 2020/21

- 35% prevalence - 7 day offer
- Crisis care pathway
- Local Transformation Plan priorities
- The Green Paper – Mentally healthy schools





**Manchester Health & Care
Commissioning**

A partnership between
Manchester City Council
and NHS Manchester CCG



**MANCHESTER
CITY COUNCIL**

NHS

Manchester

Clinical Commissioning Group

Thank you
Any questions?

