

Active Ageing Debdale Outdoor Centre



Initial 7 Weeks (July 20th – Aug 31st)

Number of Attendees: 39

Number of Visits: 122

% Manchester Residents: 78%

% Inactive Residents: 62%



"Would still do the outdoor activities even in the rain"

"I never thought I'd get in a sailing boat"



"I now look forwards to Fridays, before this I wasn't very active, I have met so many nice people."



"Venue is perfect"

"Loved the canoeing, it's really energetic"



'My upper body strength has improved, (from canoeing) I knew I needed to improve it but it's hard to find pleasurable ways to do that'



Manchester Age Friendly Libraries

Comment card from member of crochet craft sessions

Your comments



Share your thoughts and we'll act on your comments fairly and sensitively.

This class saved my life. I felt alone and sad until I joined the crochet class - I've made a lot of new friends and learnt a lot of new things, thank you so much.

Title (Mr/Mrs/Other)

Name

The comment reads:

This class saved my life. I felt alone and sad until I joined the crochet class. I've made a lot of new friends and learnt a lot of new things, thanks you so much.

Manchester Art Gallery and English Language Training



Learning English at Manchester Art Gallery

In February this year, Manchester hosted a Talk English event at which Lord Bourne announced a further year's funding for the Talk English programme. Councillor Murphy also spoke at the event, noting that Manchester prided itself regarding its diverse communities and how Talk English brought people together to talk and celebrate their own cultures. The gallery continues to contribute to this. Over the last ten years, the gallery has built up its English learning programme and developed a unique, award winning, method of using the visual arts to promote language acquisition through discussion and encourage cultural sharing.

The basic gallery offer is based on free monthly ESOL sessions. But this work has expanded via the connection with Talk English and mainstream ESOL provision, whose volunteer teachers are trained to use the art works at the gallery with their numerous groups. As a free, visually inspiring space, the gallery functions as an exciting learning environment and an antidote to the more usual classroom settings. To extend this partnership the gallery is now hosting a Manchester Adult Education ESOL tutor 'in residence' who will work with us to oversee and deliver our provision for ESOL learners including the development of self-guided resources.

CASE STUDY

JANE



Jane has Down's syndrome and has been coming to Expressive Edge since it began in 2011

"I like being here because I like being with my friends and doing what I love the most - acting."

"I would say that the drama group here is absolutely amazing. It's a group where you can make new friends and you can have fun and develop acting skills. When you do a show we put it on upstairs in the theatre, in the actual theatre with the stage lighting everywhere"

Jane, Expressive Edge Actor

"I think it is hugely important that [The Edge] is here. A lot of the activities and groups that are offered to the learning disability community fold very quickly, or the venue closes down, or you end up with a timeslot that is unsociable because it is filling a gap in there... but here at The Edge it is consistent, it is permanent, they have a base that doesn't change, that is familiar... It's so welcoming and inclusive and it's lovely that their voices are really listened to. They are not patronised. All their ideas are welcomed, it's totally inclusive and I think it gives them confidence that they are being listened to. It's so often that their voices just aren't heard. It's something that is theirs"

Jane's Mum