

Appendix 1: examples of the activities that took place in pilot settings.

Special Educational Needs (SEN) Schools

- Piper Hill adapted challenges to meet the needs of their students and broke them down into ten small steps to success to ensure that every child was able to achieve something appropriate to their stage of development.
- Northridge High School focused on weaving the skills throughout their pastoral and enrichment curriculum rather than piloting the format of challenges. The students have also developed an app called Take 5 which enables them to start recording their Skills for Life.
- Melland High School took one of challenges and worked with their students to develop a project tackling air pollution and idling near the school grounds. The students worked together in different teams to solve problems and practised all five skills as part of this one challenge.
- Pioneer House chose a sample of home challenges and core challenges and students attempted them through lessons delivered in school. Students recorded their progress as part of these sessions.

Mainstream schools

- At Loreto High School, Skills for Life was led by the School Council. The skills were woven into International Women's Day campaigns, as well as asking speakers visiting the school to share how they currently use the five skills in their employment. The school also wove the skills into their elections so that students had to demonstrate their skills as part of this recruitment process.
- Manchester Health Academy piloted the challenges with their year 7 students in a nurture group. Alongside this student were also involved in the planning of a Great British Spring Clean Up event in Wythenshawe park which was delivered in partnership with pupils from Rackhouse Primary school.
- Manchester Key Stage 4 Pupil Referral Unit applied the skills to what they were doing already and aligned the skills to topics taught in PSHE and alongside the I Matter sessions delivered in school.

Primary Schools

- At Rackhouse Primary, the pupils invited the Red Cross into school to deliver lifesaving skills and refugee education session as well as the students attempting the home challenges within school.
- At Cavendish Primary parents attended Skills for Life assemblies and a number of parents were invited to speak out about how they use the skills in their profession. The year 3 students also completed a number of the challenges at home.

- In St Johns Primary in Chorlton the year 4 council planned and led a whole school initiative and fundraiser which was underpinned by the Skills for Life. The students delivered an evaluation of their project as well as their Skills for Life chant and cheer leading routine to Jeff Smith, Labour MP at the awarding event held at Loreto High School.
- Armitage Primary piloted multiple challenges with their vulnerable learners' group who completed between 10-15 challenges each.
- St Mary's Moston piloted the project predominantly with year 4 students, however the skills were promoted throughout the whole school. The skills were themed to assembly topics and awards were given out on a weekly basis.

Youth Settings

- 4ct developed a complete programme of activities over two of their youth clubs which included first aid training, jumble sales, a community clean up and the planning of a Christmas social. The children were awarded certificates for their skills development and for taking part.
- Wythenshawe Community Housing Group (WCHG) launched a 'Help the Homeless' project which focused on one challenge to develop the five skills. The young people planned, promoted and hosted a complete banquet and bake sale which raised over £300 for charity. As well planning the event the young people performed a short drama about the issues facing homeless people.
- Manchester Youth Council wove the skills throughout their weekly meetings and encouraged members to take responsibility for different elements of the meetings. The skills were also aligned to their monthly debating session.
- Manchester Youth Zone linked the challenges with their volunteering programme and referenced the five skills alongside the DofE award which was already taking place at the centre.