

## **Manchester City Council Report for Information**

**Report to:** Health Scrutiny Committee - 9 October 2024

**Subject:** Manchester ACEs and Trauma Informed Practice Update

**Report of:** Director of Public Health

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### **Summary**

This report provides an update to the committee on the Adverse Childhood Experiences (ACEs) and Trauma Responsive Programme.

Research shows that ACEs are common and endemic and the relationship between ACEs and health harming behaviours, disease prevalence and life potential in later life is well evidenced. As well as the negative impact that ACEs and trauma can have on health outcomes, they can also have a negative consequence more widely and impact the number of children in care, number of children excluded from school, crime levels and antisocial behaviour.

To improve our city's health outcomes, ACEs and trauma are recognised as a major contributor to disease. It is therefore imperative that we continue to work towards reducing and/or mitigating the impact of ACEs and trauma on the children, families and individuals in our city.

This report provides an update on the work to deliver objectives outlined in Manchester's ACEs and Trauma Responsive programme of work. This includes case studies demonstrating the impact that adopting a trauma informed approach and being a trauma responsive organisation has had in the Health Visiting Service and the Street Engagement Hub.

### **Recommendations**

The Committee is recommended to:

1. To consider and comment on the progress to date of delivering the Programme objectives; and
  2. Advocate for trauma informed practice wherever possible.
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**Wards Affected:** All

<p><b>Environmental Impact Assessment</b> - the impact of the issues addressed in this report on achieving the zero-carbon target for the city</p>	<p>Supporting individuals, families, and communities to prevent adversity and mitigate against past, and ongoing, trauma will impact on public health through increased physical and mental wellbeing. Protective factors that we promote such as exercise, mindfulness and healthy eating will support residents to access local green spaces and community assets, reduce traffic congestion and support the local economy.</p>
<p><b>Equality, Diversity and Inclusion</b> - the impact of the issues addressed in this report in meeting our Public Sector Equality Duty and broader equality commitments</p>	<p>To be a truly trauma responsive City, we need to support all our population to mitigate against trauma and what has happened to them. We are working to the principles of trauma informed practice –safety, trustworthy, transparency, peer support, collaboration &amp; mutuality, empowerment, choice and cultural, historical &amp; gender issues. We are inclusive in our delivery, co-producing resources (including training) with people with lived experience and are supporting our underserved communities to understand trauma and adversity and adopt trauma informed and trauma responsive approaches.</p>

<p><b>Manchester Strategy outcomes</b></p>	<p><b>Summary of how this report aligns to the Our Manchester Strategy/Contribution to the Strategy</b></p>
<p>A thriving and sustainable city: supporting a diverse and distinctive economy that creates jobs and opportunities</p>	
<p>A highly skilled city: world class and home grown talent sustaining the city's economic success</p>	
<p>A progressive and equitable city: making a positive contribution by unlocking the potential of our communities</p>	<p>Through building trusted relationships and promoting strength-based conversations we can support our population with what matters to them. This leads to community focused activities that build resilience and enable communities to thrive and flourish.</p>
<p>A liveable and low carbon city: a destination of choice to live, visit, work</p>	
<p>A connected city: world class infrastructure and connectivity to drive growth</p>	

Full details are in the body of the report, along with any implications for:

- Equal Opportunities Policy
- Risk Management
- Legal Considerations

#### **Financial Consequences – Revenue**

N/A

#### **Financial Consequences – Capital**

N/A

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#### **Background documents (available for public inspection):**

The following documents disclose important facts on which the report is based and have been relied upon in preparing the report. Copies of the background documents are available up to 4 years after the date of the meeting. If you would like a copy, please contact one of the contact officers above.

- Manchester's Adverse Childhood Experiences and Trauma Responsive Programme  
[Manchester%20ACEs%20and%20Trauma%20Responsive%20Programme%20Refresh%20July%202023%20Final.pdf \(website-editor.net\)](#)

- Report to the Manchester Health Scrutiny Committee – 19<sup>th</sup> July 2023. <https://democracy.manchester.gov.uk/documents/s41126/Manchester%20ACEs%20and%20Trauma%20Informed%20Practice%20Update.pdf>

## **1 Introduction**

- 1.1 Following the report presented to the Health Scrutiny Committee in July 2023 this report provides an update on the progress made in Manchester becoming an ACE aware, trauma informed and trauma responsive city.
- 1.2 This report outlines the steps that are being taken to deliver the strategic objectives within the programme of work.
- 1.3 The report also focuses on the impact of activity with the Health Visiting service and the Street Engagement Hub.

## **2 Background**

- 2.1 ACEs describe a wide range of stressful or traumatic experiences that can occur from conception to the age of 18. They include abuse, neglect, and household dysfunction. When children are exposed to adverse and prolonged stress in childhood it has life-long consequences for a person's health and wellbeing, with negative behaviours often being used unconsciously as protective solutions to unrecognised problems dating back to childhood.
- 2.2 ACEs and trauma can be both prevented, and the impacts rescued. Research has found that a relationship with just one trusted adult during childhood can mitigate the impacts of ACEs on mental and physical wellbeing. ACEs do not define anyone, and it is never too late to break the cycle of adversity. Kindness and relationships are at the heart of trauma responsive practice and being trauma informed and trauma responsive is about recognising that traumatic experiences are a possibility for anyone we meet in our personal and professional lives.
- 2.3 A joined-up community approach can have a significant impact on residents facing adversity and trauma. Addressing ACEs and trauma requires a partnership and whole systems approach with multiple interventions across sectors throughout a person's life course.
- 2.4 A trauma responsive approach aims to improve the accessibility and quality of services by creating culturally sensitive, safe services that people trust and want to use. It encourages those who develop and deliver services to work in collaboration and partnership with people and empower them to make choices about their health and wellbeing.
- 2.5 Strategic Context - The Manchester ACEs and Trauma Responsive Programme both builds on, and supports, the delivery of several existing strategies and areas of work across the city. The breadth of the areas of work that ACEs and trauma both influence and is influenced by is vast, further emphasising the need for a long term, whole system approach across a variety of cross cutting agendas.
- 2.6 Some of the key strategies the programme contributes to are:

- **Making Manchester Fairer – Tackling Health Inequalities in Manchester 2022-27:** the city’s plan and approach to tackling these structural health inequalities with a focus on the social determinants of health.
- **Children and Young People’s Plan – Our Manchester, Our Children 2020–2024:** Children and young people matter in Manchester, and it is vital that we invest in the next generation to build a successful, world class city that is full of opportunities.
- **Mental Wellbeing Strategic Framework for Manchester 2024-2029:** provides a focus on mental health and wellbeing as an essential component of overall health, and efforts to prevent ill-health and reduce health inequalities.
- **Manchester’s Aging Strategy:** focuses on the key priorities for the city and its partners, offering a framework to deliver real improvements to the lives of people aged over 50 putting them centre stage.
- **Safe and Healthy Beginnings 2024-2029:** a plan for working in partnership to reduce infant mortality in Manchester.
- **Start Well Strategy:** We are determined that all our children should get the best start in life and to grow up to be safe, happy, healthy, and successful.
- **Early Help Strategy:** The importance of delivering an effective and timely early help offer can provide children and young people with the support needed to reach their full potential and improve the quality of their home and family life, enabling them to perform better at school and improve their health.
- **Manchester – Child Friendly City:** Manchester is working towards being a UNICEF UK-recognised Child Friendly City to make sure children have the chance to have a meaningful say in, and benefit from, the decisions, services and spaces that shape their lives.
- **Anti – Poverty Strategy –** Recognises that tackling and ending poverty requires a coordinated and whole system approach, where individuals and organisations act as allies and advocates for people who are the most in need.

### **3 Manchester ACEs and Trauma Responsive Programme**

- 3.1 In 2023 we undertook a refresh of the programme that included widespread consultation with stakeholders and people in the city with lived experience of ACEs and trauma (further details can be found in the July 2023 report to Health Scrutiny).
- 3.2 Our vision is for Manchester to be on the way to becoming an ACE-aware, trauma informed and trauma responsive city by 2027. A city with a co-ordinated approach to reducing exposure to ACEs, where all practitioners work with residents to prevent or mitigate the consequences of trauma; helping children, families, and communities to build resilience; and improve outcomes for residents by working in a trauma responsive way.
- 3.3 To achieve our vision, a long-term transformational approach is needed by all businesses, services and organisations to impact outcomes for residents and

communities. This will require change at individual level and in organisational culture. The city is committed to developing a whole systems approach, achieved by organisations working in a co-ordinated and collaborative way to change the culture of the city.

- 3.4 The aim of this whole-systems approach is to:
- Prevent children from experiencing and being impacted by ACEs and trauma,
  - Support to build resilience for communities, families, individuals and children against the potential impact of adversity and trauma and to break the cycle of generational trauma
  - Recognise the impact that ACEs and trauma has on children and adults and help them to receive support to reduce their negative impacts and to improve their wellbeing.
- 3.5 Following the consultation process, the Programme objectives are:
- Support organisations across the city to embed ACEs and trauma informed approaches into their everyday practice,
  - Make sure people with lived experience of adversity and trauma have a voice,
  - Create ACE-aware, trauma informed, trauma responsive and resilient communities,
  - Ensure that equality, diversity and inclusion are central to our approach
  - Develop a range of approaches to measure the impact of the strategy and ACEs and trauma activity in the city and ensure that practice is evidence based.

## **4 Delivering the Programme Objectives**

### ***Support organisations across the city to embed ACEs and trauma informed approaches into their everyday practice***

- 4.1 Understanding ACEs and Trauma Informed Practice Training underpins the programme of work and since July 2023 over 1,050 individuals have attended a training session. This includes those working in the Family Hubs and staff from community paediatrics, Factory International, several schools (including Manchester Hospital School) and a range of voluntary sector organisations including Centrepoin, Collyhurst & Moston Boxing Club, Gaddum and MIND. Since the inception of the Harpurhey pilot in 2018, over 6,500 staff have been trained.
- 4.2 Manchester Art Gallery delivers the Art of Resilience project in partnership with Public Health. The project teaches the principles of resilience and the use of protective factors to primary age children through arts and creativity using a trauma informed approach. The project was shortlisted in the Promotion of Health and Wellbeing category at the 2023 Manchester Culture Awards. Quotes from some of the children include, *“I felt like myself because art brings me joy”* and *“When I was there, I felt a lot calmer, it has changed me as a person”*.

- 4.3 We have been working with colleagues in Adult Social Care to support the Directorate to adopt trauma informed approaches through the Better Outcomes, Better Lives (BOBL) transformational programme. To date, over 250 staff have been trained in ACEs and Trauma Informed Practice. Following the training a one-page toolkit was produced to support delivery of trauma informed approaches.

An action plan is currently being developed to ensure that staff are supported to adopt a trauma informed approach to their practice. This will include the appointment of Champions, delivering trauma informed Communities of Practice and producing and sharing tools and resources for staff to use.

***Make sure people with lived experience of adversity and trauma have a voice***

- 4.4 Public Health have led the establishment of the Manchester Trauma and Sexual Violence Network. The Network is made up of partners who are currently working in a trauma informed way and are contributing to the delivery of the programme of work. Members include Manchester Women's Aid, MCC Community Safety, We Are Survivors, GM Rape Crisis, Manchester Action on Street Health (MASH), Sexual Assault Referral Centre (SARC) and Safety 4 Sisters.

Members are working together to achieve a range of outcomes including:

- To improve accessibility of services to people who have experienced sexual violence across the city by working in a trauma responsive way and promoting this way of working to all partners working in the field,
- To build trusted relationships between organisations in Manchester, from voluntary to statutory, that work in the sexual violence field,
- To create a shared understanding across the city of that work that the members are carrying out,
- To avoid re-traumatisation of survivors of sexual violence.

- 4.5 **Child Advocacy Centre at Rushbrook Academy Primary School** – The school has been working in a trauma informed way for several years and wanted to determine and establish ways to support families and the local community more. They envisage the school as the centre of its community. In 2022 a project was developed between Rushbrook, Salford University and Public Health which aimed to seek the views of children and families regarding the co-design of a children's advocacy service hosted within the school.

The aims of the project were:

- To elicit thoughts from children and parents/carers about developing an advocacy centre on-site,
- To determine how children and families could be involved in the co-design and co-production of such a facility (design, delivery and evaluation); and
- To identify variety of methods through which information could be obtained, with the children and families having independent choice about participation in these and the format of the outputs.



On 20<sup>th</sup> October 2023 Rushbrook held a whole school 'Sunshine Day' attended by all year groups. The day was focused on consulting the children on the proposed Child Advocacy Centre. The children were engaged with a range of fun activities to enable them to freely express their worries, concerns and hopes. Following this Salford University have produced a draft report to outline the findings of the consultation day. A partnership approach will then be taken to support the local community.

- 4.6 Manchester Action on Street Health (**MASH**) have been commissioned to produce an interactive half day training session. The content was developed by their service user advisory panel, Sue's Space. The panel were able to draw on their own experiences, insights and expertise of what works; alongside MASH's 30 years' experience of working with women who sex work. The sessions aim to help organisations better support women who have experienced trauma and help to embed trauma informed and trauma responsive approaches. Sessions have been delivered to the Police, Probation Service, MCC Homelessness Directorate and a range of voluntary sector providers. One attendee fed back how the training was useful "*I think listening to people who had experienced services and letting us know what is ok and what is not. By doing this it is breaking down barriers and stigmatisation of women*".
- 4.7 Through the **Manchester Age Friendly Board**, Public Health have supported the production of '*Dark, Chaste and Beautiful – it's easier to support a child than mend a broken adult*'. The play is written, directed and performed by an all-female cast and will form the basis of a series of workshops that will be delivered as part of the Age Friendly Programme. It can also be performed in its own right. It is based on Wythenshawe women's real-life stories of childhood adversity and how this impacted their mental health.

#### **Create ACE-aware, trauma informed, trauma responsive and resilient communities**

- 4.8 Trauma-responsive community hubs have been established to support local communities in addressing the effects of trauma and adversity, while also promoting individual, family, and community resilience. Being a trauma-responsive hub entails an ongoing commitment to operating in an inclusive, kind, and person-centred way. The current hubs vary in their operations but share a common focus on promoting social connectedness, providing safe spaces and positive activities that support well-being. Hubs are set up in Ardwick, Blackley, Cheetham Hill, Clayton, with others due to open in Longsight and Moston in the autumn.

Examples include the M8 Collective Hub at the Welcome Centre in Cheetham Hill. This hub provides support with advice and guidance on immigration, disability services and finances. It also provides a range of activities to promote good health and wellbeing including art classes, gardening projects,

chair-based yoga and volunteering opportunities. Partners involved include the North Manchester Community Partnership, Mood Swings, Breakthrough, Manchester Local Care Organisation, Big Manchester, Wai Yin Society and Be Well.

Testimonies from users of the hubs include:

*“The hub gave me confidence to go outside again and talk to people. When I first came, I didn’t speak, I just listened. Now I come to do exercise and Thai Chi. It’s helped a lot with stress and mental health.”*

*“Being around people who are local, and some people I know, and I have been linked to other agencies. It is a safe place to go, and I come every week now.”*

*“We have nowhere to go so this is our community, it helps me very much.”*

*“I lost a person – I gained many people here.”*

- 4.9 To support our communities through some challenging times, especially with recent community violence, we disseminate key messages and resources to our networks. For example, in August we shared a statement from the Trauma Responsive GM team (of which the MCC trauma programme lead is a member) encouraging everyone to come together in a time of great stress and anxiety to support each other.

Alongside this statement we shared links to useful resources from the Resilience Hub.

- [Looking after your child following a trauma](#) (parents & carers)
- [A guide to understanding and managing trauma](#) (CYP)
- [A guide to managing anxiety in uncertain times](#) (CYP)
- [Taking care of yourself in difficult times](#) (adults)
- A short video – [advice for coping with a traumatic event](#)
- A resource to support children and young people recover after potentially traumatic events. - [After the Event](#)

***Ensure that equality, diversity and inclusion are central to our approach***

- 4.10 Following a presentation to the **Pakistani Sounding Board**, Public Health are working with two organisations Bollyfit and Dignifi to design and deliver a culturally appropriate trauma course. The Sounding Board members attended foundational ACE and trauma training that led to consultation sessions with women in the Pakistani community. The consultation sessions considered a range of topics including cultural tensions for families living in the UK but wanting to maintain their home culture, particularly when parenting, health issues and the role shame plays in seeking health support; and issues of discrimination and feelings of being ‘less than’.

The course covers the normalisation of trauma (including coercion and control); helping people to identify when someone may be experiencing

trauma symptoms; shame sensitive practice; and offering tools that will support recovery and emotional regulation. The Pakistani, and wider Muslim, community; together with those who work with them will benefit from the training.

6 pilot sessions are taking place in autumn with communities in Crumpsall, Levenshulme and Longsight prior to a wider roll-out. 10 women from within the community are being trained to facilitate delivery. Discussions are taking place with the British Muslim Heritage Centre and the Guidance Hub about how to build on the learning and develop further resources, including translation into Urdu.

- 4.11 Recognising the need for more specialised support and training for frontline staff working with **people seeking sanctuary**, we are developing a specific project to fulfil this need. The project objective is to provide staff with the skills and confidence to deliver a high-quality welcome and ongoing support to sanctuary seekers. The project approach will consider topics such as experiences of persecution; cultural bereavement; navigating the ‘hostile environment’; and understanding the asylum and immigration system.

Consultation workshops are currently taking place with people living in the contingency hotels, those who have left and staff working within them. The programme will be rolled out in late 2024, with the initial phases prioritising staff working in asylum accommodation, such as Serco, and GP practices with large sanctuary-seeking patient groups. The work will be included in the Council’s application to be a Local Authority of Sanctuary.

- 4.12 The ACEs and trauma team provide consultancy support for the Oglesby funded **Families of the World Project** that creates space for families with under 5’s seeking sanctuary in Manchester. The project is rooted in the spirit of welcome; a focus on refugee children and families; improved access and inclusion to cultural and civic spaces; cross cultural learning and sharing, including food.

Working in partnership with Sure Start, Read Manchester/National Literacy Trust, and the City of Sanctuary, the project welcomes displaced families who are living in Home Office hotels and other accommodation across the city to a weekly Stay and Play session at Manchester Art Gallery. The ACEs and trauma team ensure that all activities, and the environment, are trauma-informed and have introduced breathing and mindfulness to the sessions.

***Develop a range of approaches to measure the impact of the strategy and ACEs and trauma activity in the city and ensure that practice is evidence based.***

- 4.13 A range of **case studies** have been produced highlighting good practice and impact in education, primary care, the arts, and voluntary sector. They are available to view at [www.trgm.co.uk/manchester](http://www.trgm.co.uk/manchester). Also a **video** showcasing Manchester’s trauma informed, and trauma responsive activity is to be released in November 2024.

- 4.14 The GM trauma responsive group are currently piloting an **evaluation framework developed with Liverpool John Moore's University (LJMU)**. To measure progress towards a system wide approach across GM a core list of indicators has been developed based on research carried out by LJMU to develop a logic model. The evaluation framework presents information on data sources and data collection tools to define and measure the trauma systems outcomes identified in the logic model. The Manchester Department of Public Health have agreed to pilot the framework with the University.

## **5 Impacts**

- 5.1 The section below and associated case studies demonstrate the impact of adopting trauma informed and trauma responsive approaches.

### **Manchester's Health Visiting Service**

- 5.2 The Health Visiting Service is a key partner in the ACE and Trauma Informed Practice work. The service was actively involved in the beginning during the 2019 pilot when three health visitors were trained as trainers. Staff have continued to deliver training to health visitors across the city.
- 5.3 The Specialist Health Visitor for Perinatal and Infant Mental Health (PIMH), Anulika Ifezue, has remained an active contributor to the strategy development and programme of work refresh; and with the support of the ACEs and trauma team at Manchester's Department of Public Health facilitated a sharing good practice workshop as part of Infant Mental Health week.
- 5.4 All health visiting staff have access to Trauma Informed Practice training and key messages on trauma and attachment are included in the Bonding Beginnings training offered to anyone working with families in early years (pregnancy to two years old). As a result, health visitors have been encouraging responsive parenting using approaches such as mentalisation, reflective functioning, serve and return and touch baby massage.
- 5.5 Trauma informed practice is built into the family needs assessment system and into the provision of interventions. It is used in needs intervention plans and to informed referrals to ensure families are able to access support. The approach is also built into safeguarding assessments, reports, and multiagency meetings.
- 5.6 In 2020 a 'tab' was added to the Health Visiting EMIS (Egton Medical Information Systems) electronic recording system to indicate where ACEs have been identified by staff. In total there are 1,174 entries recorded in EMIS record. Anulika is undertaking a dip sample to capture examples of good practice and to gauge impact on service delivery.
- 5.7 Health visitors have ACE, Perinatal and Infant Mental Health Champions in every Health Visiting team. These members of staff champion the delivery of

trauma informed approaches within their teams and provide the link for learning, improvement and communication.

- 5.8 The case study in Appendix 1 illustrates the impact of a trauma informed approach in Health Visiting. It has been submitted by Helen Whelan, a Health Visitor in Children’s Community Health Services.

**The Street Engagement Hub**

- 5.9 The Street Engagement Hub provides practical support and advice around a range of issues for people who beg or engage in anti-social behaviour and may be homeless or sleep rough. The Hub is run by the Community Safety Partnership with voluntary sector organisations working with Manchester City Council and Greater Manchester Police. Since 2020 the Mustard Tree has supported and hosted the Hub.
- 5.10 The ACEs and trauma team led a trauma informed day in March 2024 attended by staff who work in the Hub and who support and positively engage with vulnerable people in the City Centre and in Manchester’s neighbourhoods. Training was delivered, and workshops took place on how the Hub can create an even more inclusive, safe and welcoming environment.
- 5.11 The training complemented other sessions that have been delivered to staff teams who support the Hub e.g. the Rough Sleeper Social Work team, Coffee4Craig, the Mustard Tree and Riverside Housing.
- 5.12 The case study in Appendix 2 illustrates the impact of a trauma informed approach on an individual’s life. It has been submitted by Phil Doherty, Senior Social Worker Entrenched Rough Sleeper Social Work Team.

**6 Next Steps**

- 6.1 The priorities for the next 12 months for the Manchester ACEs and Trauma Responsive Programme are as follows:

Programme Objectives	Priorities
Support organisations across the city to embed ACEs and trauma informed approaches into their everyday practice,	<ul style="list-style-type: none"> <li>• An MCC Trauma Task and Finish Group has been established that will lead on implementing a council wide approach to being trauma responsive. An e-learning module and a webinar for managers will be produced to make training more accessible and allow us to reach 25% of the council staff in the coming year.</li> <li>• In order to encourage participation, we are working with colleagues in HROD, led by Kane Joyce, to ensure the training is embedded in the Health and Wellbeing offer that Directorates are accessing.</li> <li>• Ensure that staff who experience trauma, both personally and/or vicariously are supported with</li> </ul>

	<p>appropriate levels of supervision and accessible trauma specific interventions.</p> <ul style="list-style-type: none"> <li>• Test approaches that support health and wellbeing of staff in a variety of sectors e.g. the voluntary sector and youth justice, including exploring sustainable models of supervision.</li> <li>• Continue to roll out multi-agency foundational training across the city with a target of training at least 1,000 non-council staff over the year.</li> <li>• Implement follow up surveys to measure long term impact and support future training requirements.</li> <li>• Expand the training offer to include specific training on working in a trauma informed way and bite sized webinars.</li> <li>• Support the development of ACE and trauma partnerships and networks by establishing knowledge-sharing and network opportunities and supporting organisations to work collaboratively.</li> </ul>
<p>Make sure people with lived experience of adversity and trauma have a voice</p>	<ul style="list-style-type: none"> <li>• Contribute to Manchester’s ambition to be UNICEF Child Friendly City by capturing young people’s voice through the child advocacy centre work, arts projects and evidence from schools who have accreditation through Trauma Informed Schools UK.</li> <li>• Continue to listen, and respond, to the voice of lived experience and reflect it in our current activity e.g. the Trauma and Sexual Violence Network.</li> </ul>
<p>Create ACE-aware, trauma informed, trauma responsive and resilient communities</p>	<ul style="list-style-type: none"> <li>• Strengthen links with Neighbourhood and Integrated Neighbourhood teams to create trauma responsive and resilient communities, including the implementation of more Trauma Responsive Community Hubs.</li> <li>• We will establish four further Hubs with activity focused on areas of need as identified through work carried out by the MCC Performance and Research team to prioritise where the programme focuses resources (see appendix 3).</li> </ul>
<p>Ensure that equality, diversity and inclusion are central to our approach</p>	<ul style="list-style-type: none"> <li>• Strengthen our projects with the communities seeking refuge and the Pakistani Sounding Board.</li> <li>• Following work with the Pakistani community the ACEs and trauma team will share the learning across the system; and seek to establish a</li> </ul>

	<p>similar approach with other Communities Experiencing Racial and Health Inequalities identified as a priority e.g. the Caribbean community.</p> <ul style="list-style-type: none"> <li>• Explore opportunities and develop projects with organisations we have links with such as Europa and Proud 2b Parents.</li> <li>• Work with Gambling with Lives and the Greater Manchester Combined Authority (GMCA) to develop a Trauma and Gambling Harms toolkit for practitioners. The toolkit will support practitioners to feel confident in talking about/raising gambling harms in a trauma informed way; and provide sources of information and support for gambling and trauma.</li> <li>• Focus on trauma with older people building on the delivery of the 'Dark, Chaste and Beautiful' workshops and piloting a trauma informed approach with at least two care homes.</li> <li>• Refresh the Equality Impact assessment on the implementation of the programme of work</li> </ul>
<p>Develop a range of approaches to measure the impact of the strategy and ACEs and trauma activity in the city and ensure that practice is evidence based</p>	<ul style="list-style-type: none"> <li>• Develop robust methods to effectively measure the impact of the ACEs and Trauma Responsive work programme across the city including cost benefit analysis.</li> </ul>

## 7 Summary

- 7.1 The ACEs and trauma programme is continuing the journey to improving the health outcomes for people in Manchester with a commitment to preventing and mitigating the impact of trauma and adversity for residents of all ages and across services. This includes our workforce, whose wellbeing we need to prioritise.
- 7.2 Whilst we continue to deliver a rolling programme of training, it is equally important that we support statutory services and the voluntary sector to be trauma informed and trauma responsive and model good practice across the city.
- 7.3 We have listened to feedback from our key stakeholders, as part of our programme refresh. As such the programme is focused on ensuring that equality, diversity and inclusion is central to our approach, and that the voice of lived experience is reflected in our activities.

## 8 Recommendations

- 8.1 To consider and comment on the progress to date of delivering the Programme objectives; and
- 8.2 Advocate for trauma informed practice wherever possible.

## **9 Appendices**

Appendix 1: Case Study - A trauma informed approach in Health Visiting.  
Appendix 2: Case Study - Karim's Story.  
Appendix 3: Data identifying priority areas in Manchester.