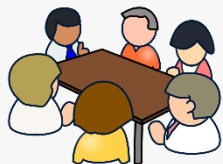


## Manchester Corporate Family Cooperative January Meeting on a page

*Our Manchester – building a safe, happy, healthy and successful future for children and young people.*



### WHY DID WE MEET?

We met this time to:

- Celebrate what the Care Consultants and Corporate Family have achieved together in the last year.
- Hear what Our Children were telling us they thought we could do even better next year.
- Plan what we are going to do about it
- Think about the 12 expectations you have said we must do and agree them.

**Happy, Healthy, Safe and Successful.**



MAKING A DIFFERENCE



### WHAT ARE THE 12 THINGS I CAN EXPECT FROM EVERYONE INVOLVED WITH ME?

1. Respect and promote my rights.
2. Do nothing about me without me, and explain why so I understand.
3. Know the people that are important to me and make sure they stay in my life and those contacts get better.
4. Make sure I live in a safe place and I have choice when I'm older.
5. Know my culture and identity, what it means and celebrate and promote it with me.
6. Make sure I have the skills and support to be part of my community.
7. Be there if I need you.
8. Keep me healthy and teach me what the healthy choices are.
9. Believe in me, skill me up to cope with challenges and make sure I know where help is.
10. Know what I am good at, celebrate what I achieve, help me learn when things could go even better and how I can do that.
11. Make sure I have the technology I need and teach me to use it safely.
12. Give me chances to try new things and to do the things I like doing.

If you are a Cared for Child or a Care Leaver, **you can expect** this and say if we are not doing it. If you are an adult connected with a Cared for Child, or Care Leaver you have a **responsibility** to make sure that **everything you do meets the 12 expectations above.**



### HOW WELL DID WE DO?

This is a list of some of the things we have made a difference on together so that we are making things better for all Our Children in Manchester:

- The care leavers budget has increased 50% from £2,000 to £3,000
- Children who also have a disability have been helping us get better in the training we do so we are better at involving them in the decisions about them, understand All About You and working with them so that they have the support they need to be happy, healthy, safe and successful.
- We are training foster carers on what helps when you are feeling sad and if your mental health needs more support to feel better.
- We are making sure Care Leavers have the new clothes they need, including for interviews.
- We made sure there were lots of activities you could join in over the Summer that were fun and that foster carers were making sure you enjoyed activities, sports, clubs all the time.



**WHAT NEXT?** The Corporate Family Cooperative meets every 3 months (January, April, July and October). We focus on one of the outcomes (**Happy, Healthy, Safe, Successful**). Some of things you have told us you want us to be **EVEN BETTER** at that we will be working on this year are:

- easier use of transport including using trams
- making sure you have trusted people in your life and friends
- get you the right support for your mental wellbeing at the right time
- make sure your education is great and you don't move school.

**If you want to join and influence us, become a Care Consultant. Please let your social worker/ IRO/ PA know.**