

Health Scrutiny Committee

Minutes of the meeting held on Wednesday, 9 October 2024

Present:

Councillor Green (Chair) – in the Chair

Councillors Cooley, Curley, Hilal, Judge, Karney, Marsh, Muse, Reeves, Sarwar and Riasat

Apologies: Councillor Johnson

Also present:

Councillor T. Robinson, Executive Member for Healthy Manchester and Adult Social Care

Councillor Chambers, Deputy Executive Member for Healthy Manchester and Adult Social Care

Professor Sir Michael Marmot (Virtually)

Anulika Ifezue, Clinical Lead Trainer, Perinatal and Infant Mental Health Lead and Specialist Health Visitor, Manchester University NHS Foundation Trust

Lizzie Hughes, Integrated Neighbourhood Lead (Cheetham and Crumpsall), Manchester Local Care Organisation

Tanya Finn, Company Director, Regen.me.uk

Guy Cresswell, Executive Director Customer Services, Great Places Housing Group

Sophie Jones, Community Engagement Lead (In Our Nature), Manchester Climate Change Agency

Shaeda Aziz, Go Green Project Lead, In Our Nature / Flavours From Manchester

HSC/24/36 Minutes

Decision

To approve the minutes of the Health Scrutiny Committee meeting held on 4 September 2024 as a correct record.

HSC/24/37 Making Manchester Fairer

The Committee considered the report of the Director of Public Health that provided an overview of progress made from October 2023 to October 2024 on the Making Manchester Fairer Action Plan.

Key points and themes in the report included:

- Providing an introduction and background, noting that Making Manchester Fairer (MMF) was Manchester City Council's five-year action plan with a longer-term ambition to address health inequalities in the city, focusing on the social determinants of health;
- Information on the establishment of a MMF Community Forum to strengthen the contribution of local people with lived experience to the programme governance;

- The development of a coherent approach to workforce development, with a focus on what was needed to achieve health equity that aligned with Manchester City Council's workforce plans;
- Developing and implementing a Work and Health Kickstarter focused on North Manchester with patients of Manchester Foundation Trust (MFT) with Musculo-Skeletal conditions (MSK) identified as needing employability support were referred for assessment by the Growth Company before being referred onto one of several employability programmes; and
- The development of an approach for engaging with businesses and philanthropists, encouraging and supporting them to partner with neighbourhood and community-based services and organisations;
- Implementing an approach for Manchester City Council to formally adopt the Socio-Economic Duty and integrate it into its policy development and decision-making processes, demonstrating the council's commitment to social justice and contributing to a more equitable city;
- Supporting the delivery of a comprehensive and immersive education programme on Race and Health Equity;
- Information on the review in order to refresh the MMF Action Plan thematic objectives, ensuring that we were making the most of opportunities to tackle inequalities and addressing emerging challenges; and
- Discussion of the next steps for the MMF Action Plan.

The Committee heard from a number of invited guests who spoke on the case studies of the three MMF themes that had been provided in the report. The individual representatives described their specific project and associated initiatives designed to respond to the needs of residents and tackle the wider determinants of health. They also described the positive outcomes for residents. The Chair thanked all for their important contributions and recognised the significant positive impacts all were having on the lives of Manchester residents.

Some of the key points that arose from the Committee's discussions were:

- Noting the work described in relation to 'Theme 1: Giving children and young people the best start in life' and asking if a strong relationship had been established with local schools to support this work;
- Welcoming the LGBTQ+ Extra Care Housing Scheme and asking if staff working in such schemes received additional training to respond to the needs of those residents;
- The importance of embedding MMF principles in the workforce culture and practices of all organisations who engaged with residents;
- Housing developments needed to consider delivering appropriate accommodation for those older residents who wished to right size;

- The need to deliver affordable housing for the residents of Manchester;
- The need to share good practice and learning across all Marmot Cities; and
- Members should discuss MMF as a regular item at their Ward Coordination meetings.

The Committee welcomed Professor Sir Michael Marmot who said that the delivery of an additional Extra Care Housing Scheme was an important development for Manchester and was to be welcomed. He discussed the need to improve the energy efficiency of all homes across all tenures, noting the correlation between housing and health outcomes. In response to a specific question, he said that he was cautiously optimistic that the new government was alert and responsive to addressing health inequalities and the wider determinants of health. He also said that he expected to see an end to the undermining of the public sector. He said that he had held positive discussions with Ministers and noted that the Prime Minister had met with regional metro mayors shortly after taking office, and he took this to be a very positive development. He added that Manchester had led on this work nationally and the Director of Public Health was a great advocate for Manchester and the significant work that had been delivered to date to address health inequalities. He commented that the health inequality issues faced nationally, such as the levels of child poverty were higher in Manchester and said that the scale of the challenge was mirrored by the scale of the ambition and commitment in Manchester to tackle these. He reiterated the importance of breaking the link between deprivation and poor health outcomes.

The Committee stated that they remained resolute in their support for the MMF approach and said they would continue to engage with local MPs and Ministers on this issue and support Professor Sir Michael Marmot.

In response to specific questions, Tanya Finn, Company Director, Regen.me.uk said that positive relationships had been established with local schools and the breadth of work undertaken helped pupils transition into education settings with the correct levels of support. Guy Cresswell, Executive Director Customer Services, Great Places Housing Group said that staff working in the Extra Care Schemes received appropriate training to enable them to fully support those residents. The Assistant Director of Strategic Housing, Manchester City Council noted the comments made regarding energy efficiency in homes and said that improvement work had been focused on social housing, however he recognised the significant challenge presented by the Private Rented Sector and private households. He said that funding was a significant barrier to delivering improvements at the scale required across the city. He said that the Council had adopted a Private Rented Sector Strategy that sought to support landlords to make homes more energy efficient. He further made reference to Awaab's Law to address damp and mould, noting that proposals had been made to extend this requirement to the private sector also. The Affordable Housing Programme Manager, Manchester City Council said that the Our Housing Strategy had a target of building 36,000 new homes, 10,000 of which would be affordable, making further reference to the introduction of the Manchester Living rent. He further commented that properties had been delivered in recent schemes to support people to right size.

The Executive Member for Healthy Manchester and Adult Social Care stated that Manchester had led the city region and nationally on the issue of addressing health inequalities in accordance with the Marmot principles. He said that Manchester remained committed to keeping this programme of work at the forefront of all its programmes and initiatives, bringing particular attention to the paragraph in the report that described the Health Determinants Research Collaboration (HDRC) that was a local government-led partnership which connected councils, academics and local people to work together to improve health outcomes as a testament to the ambitions in Manchester.

In concluding this item of business, the Chair expressed her appreciation to Professor Sir Michael Marmot for attending the meeting and contributing to the discussion.

Decision

The Committee recommend that any future update reports contain ward specific data and information where available to demonstrate the impact and outcomes of the breadth of Making Manchester Fairer activity described.

HSC/24/38 Manchester ACEs and Trauma Informed Practice Update

The Committee considered the report of the Director of Public Health that provided an update on the Adverse Childhood Experiences (ACEs) and Trauma Responsive Programme. The report also included case studies demonstrating the impact that adopting a trauma informed approach and being a trauma responsive organisation has had in the Health Visiting Service and the Street Engagement Hub

Key points and themes in the report included:

- Providing an introduction and background;
- Information relating to the approach and objectives of the Manchester ACEs and Trauma Responsive Programme;
- Delivery of the programme objectives across a range of activities;
- Consideration of the impacts of adopting trauma informed and trauma responsive approaches; and
- Next steps and priorities for the next 12 months.

Some of the key points that arose from the Committee's discussions were:

- Welcoming the report and the inclusion of the case studies;
- Recognising that the work described underpinned and supported the ambitions of MMF;
- Stating that Covid and the impact of this needed to be recognised as an ACE;
- The need to acknowledge the impact of world events and the resulting trauma experienced by individuals;
- Noting the importance of staff training;

- Noting the important role that Councillors had, by virtue of their engagement with local residents and the need for all Councillors to be trauma informed and trained; and
- Further information was sought in relation to staff working with people seeking sanctuary.

The Committee heard from Anulika Ifezue, Clinical Lead Trainer, Perinatal and Infant Mental Health Lead and Specialist Health Visitor, Manchester University NHS Foundation Trust and Lizzie Hughes, Integrated Neighbourhood Lead (Cheetham and Crumpsall), Manchester Local Care Organisation who spoke to the case studies that had been provided in the report. They described their specific project and initiatives and the positive outcomes for residents.

The Programme Lead: ACEs & Trauma Informed Practice said that the report articulated that significant work had been done to hear and reflect the voice of lived experience. He said that the report also reflected responses to discussions held at previous Committee meetings when this subject had been considered and made reference to the focus on trauma with older people building on the production of the 'Dark, Chaste and Beautiful' workshops and piloting a trauma informed approach with at least two care homes.

The Programme Lead: ACEs & Trauma Informed Practice said that to date training had been delivered to approximately 7000 staff in both statutory services and the voluntary sector. He said that an e-learning module would be produced to make training more accessible so as to reach more council staff in the coming year. In order to encourage participation work was also ongoing with colleagues in HROD to ensure this training was embedded in the Health and Wellbeing offer that Directorates were accessing. In addition to this to ensure that staff who experienced trauma, both personally and/or vicariously were supported with appropriate levels of supervision and accessible trauma specific interventions. He noted the comments made regarding training and support for Members and said that consideration could be given to developing a specific Councillor toolkit, similar to that designed for Adult Social Care staff. In response to the specific question related to staff working with people seeking sanctuary, he said that consultations had been held with people with lived experience and the learning from that had informed the training that would be delivered to identified staff who worked with these residents.

Professor Sir Michael Marmot stated that it was important to recognise and acknowledge social and economic factors influenced ACEs. He commented that the report, read in conjunction with the previous agenda item demonstrated that Manchester was committed to improving the lives of all residents.

The Executive Member for Healthy Manchester and Adult Social Care acknowledged the comment made regarding the impact of Covid and ACEs. He said this was understood and he called for a need to focus on this at a national level as the impact of this would be felt in future years.

Decision

To note the report.

HSC/24/39 Overview Report

The report of the Governance and Scrutiny Support Unit which contained key decisions within the Committee's remit and responses to previous recommendations was submitted for comment. Members were also invited to agree the Committee's future work programme.

Decision

The Committee notes the report and agrees the work programme.